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## SERVICES

At B-Abled Pty Ltd, we are dedicated to providing a comprehensive range of support and care services designed to enhance the lives of individuals in our community. Our team of compassionate professionals are committed to fostering independence, promoting social inclusion, and creating a nurturing environment for all.

### Our Services Include:



#### Supportive Independent Living

Daily Personal Activities, Development of Daily Living and Life Skills

B-Abled support for personal tasks involved in daily living, so you can live as independently as possible in your home. This can be done with you or supervision depending on your needs and your goals.

B-Abled assistance with daily personal activities that may be required by you throughout the day and in different situations. You may require assistance with personal activities at home and in the community or on holidays. Assurances so you can accomplish your NDIS goals and even set new ones.

Supports for household and daily personal tasks

- Assist with daily routine
- Assist with self-care
- Assistance with meal planning and preparation
- Assistance in development of household management skills
- Assistance Personal hygiene
- Shopping
- Assistance with maintaining a clean and tidy home

#### Assistance with Social and Community Participation

Participation in Community, Social and Civic Activities, Innovative Community Participation

B-Abled supports participants to engage in community, social and recreational activities.



B-Abled with support and transport to attend and participate:

- Medical and therapy appointments
- Attend community, social and recreational activities
- Take part in community events
- Meeting up friends
- Developing social skills
- Support to try something new
- Innovative community participation
- Support on making decision about how you spend your time
- Support to learn new skills
- Support to go to work or to go to volunteering

#### Respite

Short term accommodation. Including respite/sleep overs, is support for when you need to be supported to live out of home for a short period, this supports you and your carers. This gives your carers a short break from their caring role.



##### Benefits of respite

- Gives you a chance to learn and try new things
- Make new friends by using this time to participate in group activities
- May help maintain your existing living situation by giving your informal support a break



#### Support Connection / Coordination

You may have support connection in your plan, depending on what your plan goals and plan objectives are.

Support connection: connects you with informal, community and funded supports to enable you to get the most out of your plan and meet NDIS goals. B-Abled support level one and two coordination.

#### Assistance with Travel / Transport Arrangements

The B-Abled Team understands that everyone has a different need. We aim to help participants access transport to community services.

- Transport support
- Travel training support



Discover how our services can enrich lives and create a supportive community. Contact us today to learn more about our programs and take the first step toward a brighter and more fulfilling future.

[CONTACT US](#)

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